**Дневник пациента с сахарным диабетом 2 типа, не получающего инсулин**

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**(Ф.И.О.)**

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| **Дата** | **Вес** | **Терапия** | | | **Глюкоза крови** | | | | **Примечание** |
| **Завтрак** | **Обед** | **Ужин** | **Завтрак** | **Обед** | **Ужин** | **На ночь** |
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**HbA1c** \_\_\_\_\_\_\_\_\_\_\_ % (целевой уровень \_\_\_\_\_\_\_\_%) Дата \_\_\_\_\_\_\_\_\_\_\_\_\_

**Дневник пациента с сахарным диабетом 2 типа, не получающего инсулин**

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**(Ф.И.О.)**

| **Дата** | **Инсулин** | | | **Хлебные единицы** | | | **Глюкоза крови** | | | | | **Примечание** |
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| **Завтрак** | **Обед** | **Ужин** | **Завтрак** | **Обед** | **Ужин** | **Завтрак** | **Обед** | **Ужин** | **На ночь** | **03:00** |
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**HbA1c** \_\_\_\_\_\_\_\_\_\_\_ % (целевой уровень \_\_\_\_\_\_\_\_%) Дата \_\_\_\_\_\_\_\_\_\_\_\_\_