Дневник пациента с сахарным диабетом 1 типа: *Ф.И.О.*\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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| **Дата** | **Инсулин** | | | | | | **Хлебные единицы** | | | **Глюкоза крови** | | | | | | **Примечание** |
| **Завтрак** | | **Обед** | **Ужин** | | |
| **Продленный** | **Короткий** | **Короткий** | **Короткий** | | **Продленный** | **Завтрак** | **Обед** | **Ужин** | **Завтрак** | **Обед** | | **Ужин** | **На**  **ночь** | **03:00** |
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**HbA1c** \_\_\_\_\_\_\_\_\_\_\_ % (целевой уровень \_\_\_\_\_\_\_\_%) Дата \_\_\_\_\_\_\_\_\_\_